

# LSU AgCenter – Rapides Parish Extension

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## Family & Consumer Sciences Advisory Leadership Council Minutes

February 5, 2009

11:00 a.m. – 1:00 p.m.

Rapides Extension Office

### **Advisory Leadership Council Members:**

Present: Henry Marsland, Tobey Felders, Brunetta Piper, Alice Coleman, Cathy Dove, Donna Mathews, Carolyn Hoyt, and State Representative Chris Hazel

### Others Present:

Casey Lemoine, Student Worker

Jane Jones, FCS Extension Agent – Family Development

Quincy L. Cheek, FCS Assistant Extension Agent – Nutrition

Dr. John Barnett, Regional Director – Central Region

### Proceedings:

- Meeting called to order at 11:00 a.m. by Quincy Cheek
- Welcome and Introductions were made by Quincy Cheek
- Overview of Agenda presented by Jane Jones
- Purpose of Meeting explained by Quincy Cheek
- Understanding Extension (power point) delivered by Jane Jones
- Lunch Served
- Role of Rapides Parish FCS Advisory Leadership Council (power point) including mission of the AgCenter, organization, funding sources, parish staff and explanation of major program areas delivered by Jane Jones.
- Facilitated Group Discussion
  - o Family Development
    - Rapides Parish Early Childhood initiative discussed by Cathy Dove
    - Health Unit Workshops for special needs children discussed by Cathy Dove
    - Transportation problem pointed out by Rep. Chris Hazel
    - Need for parenting skills classes addressed by Henry Marsland
    - CART (Child Adolescent Response Team) program discussed by Henry Marsland
    - Grandparents functioning as primary caregivers addressed as a problem in Rapides parish
  - o Nutrition & Health
    - Obesity in children identified as a major problem for Rapides parish by Tobey Felders

- Food allergies in youth and need for educating parents about this issue for parents identified by Brunetta Piper
- Purchasing healthy food for young children discussed by Donna Mathews
- Problem with capturing audiences for nutrition education discussed by Chris Hazel and Quincy Cheek
- Fast food and the negative health effects discussed by group
- Voting on key issues for Rapides parish – ranked by order of importance
  - Family Development
    - 1<sup>st</sup> place (most important) – Rapides Parish Early Childhood Initiative
    - 2<sup>nd</sup> place – Parenting skills classes
    - 3<sup>rd</sup> place - Health Unit Workshops for Special needs children
  - Nutrition & Health
    - 1<sup>st</sup> place (most important) – Childhood Obesity
    - 2<sup>nd</sup> place – WIC Clinics & Parent Nutrition Education at Health Unit
    - 3<sup>rd</sup> place – Food Allergies
    - 3<sup>rd</sup> place – Fast food negative effects on health

Other business:

- Jane Jones, Quincy Cheek and Dr. John Barnett expressed the AgCenter’s desire to collaborate with outside agencies to better inform the public about the services offered by LSU AgCenter Agents in Rapides parish.
- Representative Chris Hazel suggested meeting places that can be used at no cost for AgCenter programs – 1000 Bolton Avenue, Alexandria and Pineville Community Center
- Tobey Felders and Brunetta Piper with Cenla Community Action Committee Head Start Nutrition Services requested that FCS Agents attend their Health Advisory meetings

Meeting adjourned at 1:30 p.m.

Minutes submitted by Quincy L. Cheek