

# LSU AgCenter – Rapides Parish Extension

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## Family & Consumer Sciences Advisory Leadership Council Minutes March 17, 2010 Rapides Extension Office

### **Advisory Leadership Council Members:**

Present: Henry Marsland, Family Counseling Agency  
Katherine Wynn, Office of Addictive Disorders – Prevention  
Amy Guillot, LaChip/Cabrini  
Diane Tracy, LaChip/Cabrini  
Robbie Hutchins, LSU AgCenter – Forestry  
Candice Gladney, Cenla Community Action Committee

### Others Present:

Janice Derbonne, Administrative Coordinator – Rapides Extension  
Quincy Cheek, FCS Extension Agent – Nutrition  
Matt Martin, Parish Chairman and County Agent – Rapides Extension

### Proceedings:

- Meeting called to order at 1:00 p.m. by Quincy Cheek
- Welcome and Introductions were made by Matt Martin
- Personality Ice-Breaker Activity presented by Quincy Cheek
- Overview of Agenda presented by Quincy Cheek
- Purpose of Meeting explained by Quincy Cheek
- Understanding Extension delivered by Matt Martin
- Role of Rapides Parish FCS Advisory Leadership Council (power point) including mission of the AgCenter, organization, funding sources, parish staff and explanation of major program areas delivered by Quincy Cheek.
- Facilitated Group Discussion
  - o Key issues Facing the Parish as discussed by the group:
    - Childhood Obesity – lack of nutrition education for young parents, lack of exercise for youth at school and at home.
    - Community Gardens needed to promote more healthful eating including more vegetables in the diet and less fast food and junk food.
    - Lack of Volunteers to coordinate needed nutrition programs throughout the parish.
    - Parenting classes needed for parents of young children.
    - Financial Management classes needed for low socio-economic sector.
  - o Voting on key issues for Rapides parish – ranked by order of importance
    - 1 - Parenting

- 2 - Financial Management
- 3 - Childhood Obesity

Other business:

- Quincy Cheek and Matt Martin expressed the AgCenter's desire to collaborate with outside agencies to better inform the public about the services offered by LSU AgCenter Agents in Rapides parish.
- Katherine Wynn requested that another meeting be held in the Summer to discuss community gardening activities.

Meeting adjourned at 3:30 p.m.

Minutes submitted by Quincy L. Cheek