

**LOUISIANA STATE 4-H BOARD INFORMATION**  
 Youth and Adult Application for Citizenship, Food and Fitness, SET and Fashion Boards  
 Youth and Adult Recommendation Form  
 Deadline: May 6<sup>th</sup>

**State 4-H Leadership Board:** 4-H members and Adult Volunteers will serve on the Leadership Board for a one year period. They will promote the Louisiana 4-H Leadership Board Program and serve as its advisory group. The State 4-H Leadership Board Coordinator and assigned 4-H agents will serve as advisors to the specific Board.

**Objective:** The objective of the State 4-H Leadership Program is to assist with the development of educational programs that provide opportunities for advocacy, leadership, and youth voice.

**Eligibility for Participation:**

The applicant must be currently enrolled in 4-H and classified in the 9<sup>th</sup> - 12<sup>th</sup> grade the year they serve. (Please see board supplemental sheet for board specific requirements)

**Membership, Tenure and Selection:**

- Tenure is one year. Board Members may serve unlimited terms, **but must reapply each year.**
- **May have** up to 25 members (discretion of the coordinators). Alternates (depending on the number of applicants) may be selected.
- Each parish may nominate **up to three** members (boys or girls).
- Selection will be from written application and interview. The application will be reviewed by a committee.
- Written applications are due prior to May 6<sup>th</sup> by 4:30 p.m. Deliver to the State 4-H Office.
- Members may not serve on more than one board. If applying for more than one board, please indicate so on the application. If necessary, members are required to choose on which they will serve for the upcoming year.

**Members will be required to:**

- Attend regular Board meetings to include but not limited to Summer and Winter State 4-H Leadership Board meetings
- Attend, help plan, and conduct Board events as specified by each board
- Serve as state liaison in the region and parish they represent
- Acquire certification as camp counselor prior to working with youth as a State 4-H Leadership Board Member
- Check email for board announcements and updates
- Correspond promptly with advisors and officers
- Provide their own transportation and all or some funds for meetings and other scheduled events
- Members will be required to inform parish agents on board member's proposed plans relative to the board

**Criteria for Evaluation**

|                               |     |
|-------------------------------|-----|
| Application & Experiences     | 25% |
| Essay                         | 25% |
| Interview and Recommendations | 50% |

**Application Process: Submit complete application by May 6<sup>th</sup> 4:30pm**

4-H members submit application form, essay, and 3 recommendation forms. Application must be submitted for each board for which you are applying. This application should not be used for youth applying for the Executive Board. Adults submit application and 1 recommendation form to:

State 4-H Leadership Board Applications  
 4-H Youth Development  
 P.O. Box 25100  
 Louisiana State University  
 Baton Rouge, LA 70894-5100

FAX: 225-578-7847 Phone: 225-578-2196 Email: [mclayton@agcenter.lsu.edu](mailto:mclayton@agcenter.lsu.edu)

Please submit to be received **prior** to May 6<sup>th</sup> to the address above or fax to: 225-578-7847

**LOUISIANA STATE 4-H LEADERSHIP BOARD  
STATE APPLICATION**  
(Print or type)

**Please Check**

4-H MEMBER  
 ADULT VOLUNTEER  
 AGCENTER

**Please check all state boards for which you will be applying:**

Citizenship Board       Fashion Board  
 Food & Fitness Board       Executive Board  
 Science, Engineering & Technology (SET) Board

**This application is NOT for the Executive Board.**  
 This box is for information purposes only on applications for all boards.

Name \_\_\_\_\_ Parish \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip code \_\_\_\_\_ Age (as of Jan. 1) \_\_\_\_\_ / \_\_\_\_\_  
Age      Date of Birth

Cell Phone (\_\_\_\_\_) \_\_\_\_\_ **E-mail address (personal)** \_\_\_\_\_

(Check for upcoming fall)     **Freshman**     **Sophomore**     **Junior**     **Senior**

4-H Agent \_\_\_\_\_ Phone # \_\_\_\_\_

Parent(s) Name \_\_\_\_\_

Address \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_\_) \_\_\_\_\_

Are you attending 4-H University?  Yes  No      T-Shirt Size: \_\_\_\_\_ Polo Size: \_\_\_\_\_

*Please attach a photo to your application.*

**APPLICATION CHECKLIST**

Completed application form. If applying for more than 1 board, submit separate applications for each board.  
 Essay  
 Three signed recommendations  
 If necessary, board supplemental sheet  
 Photo attached.

Return completed application, essay and recommendations (3) to the state 4-H office by May 6, 2011

Louisiana State 4-H Leadership Program

**Application for:**  Citizenship  Fashion  Food & Fitness  SET **Board.**

**When answering the following questions, please list examples related to the board to which you are applying.**  
If applying for more than 1 board, answer the following questions separately for each board application.

I. List examples of your experiences and related projects (in 4-H, school, and community). Do not list winnings.

II. **Summarize** your experiences, activities and recognition awards received in other 4-H projects school activities or organizations. Do not list winnings.

Louisiana State 4-H Leadership Program

Application for:  Citizenship  Fashion  Food & Fitness  SET **Board.**

III. How has 4-H leadership opportunities contributed to the person you are today. Give your personal story.

IV. Respond to this statement on a separate sheet of paper and attach to application. Response should not exceed one page double spaced. **“I would like to be a Louisiana State 4-H \_\_\_\_\_ Board Member...”**

Include in your own words:

- a. what you would like to do as a member
- b. how you would go about doing it
- c. what you can contribute to the State Board and how it would help 4-H and you personally. Do not give objectives straight from information sheet.

V. **Copies of recommendation form must accompany each application.** These forms must be from the parent or guardian, 4-H agent, and a leader or employer, teacher or advisor from another youth organization to give full support and approval for the application. It should be signed.

I understand the responsibilities and am committed to representing the LSU AgCenter, 4-H, my school and community to the very best of my ability.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



Submit with application

|                              |                          |   |
|------------------------------|--------------------------|---|
| <b>Check all that apply:</b> |                          |   |
| <b>Parent/Guardian</b>       | <input type="checkbox"/> | <b>Teacher</b> <input type="checkbox"/> |
| <b>Agent</b>                 | <input type="checkbox"/> | <b>Leader</b> <input type="checkbox"/>  |
| <b>Employer</b>              | <input type="checkbox"/> |   |

Thank you for your candid evaluation of \_\_\_\_\_, who is applying for the State 4-H \_\_\_\_\_ Board. My evaluation of this person, based upon my experience and knowledge is as follows:

| Rate the following characteristics              |                     | Rating Scale<br>1=Excellent 2=Very good<br>3=Good 4=Fair<br>5=Needs Improvement |
|---|---------------------|---|
| Quality of:                                     | Comments (optional) | Rating  |
| Ability to accept guidance                      |                     |   |
| Ability to get along well with peers            |                     |   |
| Ability to get along well with younger children |                     |   |
| Maturity  |                     |   |
| Initiative                                      |                     |   |
| Resourcefulness and creativeness                |                     |   |
| Tact  |                     |   |
| Meets deadlines                                 |                     |   |
| Dependability and Sense of Responsibility       |                     |   |
| Integrity                                       |                     |   |
| Service Ethic                                   |                     |   |
| Ability to plan                                 |                     |   |
| Positive attitude                               |                     |   |

How long have you known the applicant? \_\_\_\_\_ In what leadership role have you known applicant? \_\_\_\_\_

Do you feel the applicant is trustworthy and would have a positive influence on field trips, camps, workshops, etc.? \_\_\_\_\_

Comments (favorable or unfavorable) \_\_\_\_\_

Check one:  I strongly recommend  
 I recommend  
 I recommend with some reservation this candidate for a position.

Print Name: \_\_\_\_\_ Title: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Additional information for those applying for the State 4-H Citizenship Board:**

**Objectives:** To assist with the development of educational programs that provides opportunities for:

- Exploring citizenship on local, state and national levels.
- Developing leadership abilities and character building.
- Building self-confidence and poise by improving ability to:
  - Plan and select apparel and accessories for different occasions
  - Make wise consumer purchases and financial decisions regarding apparel

Two interview dates for 4-H members and adult volunteers are scheduled to provide an optional date for individuals who may have a conflict with 4-H U. Please send an email stating on which date you would like to be interviewed.

- Monday, June 13, 2011 from 1:00p.m.-3:00p.m., Knapp Hall Room 187, LSU Baton Rouge Campus.
- Tuesday, June 21, 2011 of 4-H U, Pete Maravich Assembly Center, from 1:00p.m.-2:30p.m. Applicants will be notified of any changes in location and time, if necessary.

**Members will be required to:**

- ✓ Attend both summer (July) and winter (January) State 4-H Youth Board meetings.
- ✓ Attend, help plan, and conduct Service-Learning projects.
- ✓ Attend, help plan, and conduct the 4-H Citizenship Camp, 4-H Camp Grant Walker
- ✓ Serve as state liaison in the region and parish they represent.
- ✓ Acquire certification as camp counselor prior to working with youth.
- ✓ Advocate for the State 4-H Service Focus
- ✓ Evaluate their experience as a State 4-H Citizenship Board member

**Members may be asked to:**

- Meet in the summer, on a weekend or holiday, for brainstorming to work on a project, or creative or technical training.
- Support Operation Military Kids Spring and Fall camps.
- Plan and participate in JLC (Junior Leadership Conference) activities.
- Refine self-improvement and presentation skills.
- Organize and implement regional activities and/or provide leadership for area training, challenge camp, and programs.

**Annual Agenda**

Most of the Citizenship Board activities will be conducted during two meetings, as well as by e-mail and/or telephone. 4-H'ers will need to be responsible, dependable, and dedicated to their role as Citizenship Board members.

Applicants need to check their calendar before applying to be sure she/he can attend all of the scheduled functions. These dates may be changed due to circumstances beyond control. Other activities may be planned during the year, but those listed below are definite. If the July summer board meeting is not attended, member will be put on probation and must attend the next required function or will be replaced by an alternate.

- July 18-20, 2011 Summer Board Meeting (Baton Rouge Area)
- November 21, 2011 Fall Board Meeting/Trip
- January 6-7, 2012 Winter Board Meeting, Camp Grant Walker
- May 4-6, 2012 Citizenship Camp, Camp Grant Walker
- June 19-21, 2012 4-H University, LSU

# Fashion Board Supplemental Sheet      LOUISIANA STATE 4-H BOARD INFORMATION

Submit prior to May deadline

**Objectives:** To assist with the development of educational programs that provide opportunities for:  
Exploring careers in fashion: textile science, apparel design, merchandising and related industries  
Developing leadership abilities and character; building self-confidence and poise by improving ability to make wise consumer purchases and financial decisions regarding apparel; recognize quality and predict performance of textile and apparel products; expand and sharing textile and apparel knowledge, including technical and creative skills; improve public-speaking and presentation skills

## **Application Process:**

1. Complete the application stating interest in the 4-H Fashion Board and submit with essay prior to the May deadline.
2. Register with the 4-H State Office by emailing Lee Ann Fields at [lfields@agcenter.lsu.edu](mailto:lfields@agcenter.lsu.edu) stating on which date you will interview.
3. Participate in an interview on one of the dates listed below.  
Two interview dates for 4-H members and adult volunteers are scheduled to provide an optional date for individuals who may have a conflict with 4-H U. Send an email to [lfields@agcenter.lsu.edu](mailto:lfields@agcenter.lsu.edu) stating intent to interview for the fashion board and which date you would like to be interviewed.  
Monday, June 13<sup>th</sup>, 2011 from 1:00 p.m. – 3:00 p.m., Nelson Memorial Building, LSU Baton Rouge campus; or Tuesday, June 21<sup>st</sup>, 2011 of 4-H U, LSU Union Room TBA, from 1:00 p.m. – 2:30 p.m. Applicants will be notified of any changes in location and time if necessary.

## **Members will be required to:**

- Attend both Summer (July, location TBA) and Winter (January @ 4-H Camp Grant Walker) State 4-H Youth Board meetings
- Attend, plan, and conduct workshops at January Fashion Camp, 4-H Camp Grant Walker
- Participate in the 4-H U Planning meeting in June @ LSU, Baton Rouge
- Attend, help plan, and conduct Fashion Revue at 4-H University
- Serve as state liaison in the region and parish they represent
- Acquire certification as camp counselor prior to working with youth as a Fashion Board Member.
- Evaluate and report experience as a State 4-H Fashion Board Member and/or complete an exit interview. Submit to Tanya Giroir at state office.
- Keep an up-to-date email address and read and respond to all communications.

**Members may be asked to:** Organize and implement regional and parish activities and/or provide leadership for area training, challenge camp, programs, fashion shows, etc...

**Annual Agenda:** Most of the required Fashion Board activities will be conducted during two meetings, as well as by E-mail. 4-H'ers will need to be responsible, dependable, and dedicated to their role as Fashion Board members. They must provide their own transportation and all or some funds for meetings and other scheduled events.

Applicant needs to check calendar before applying to be sure she/he can attend all of the required scheduled Fashion Board functions. These dates may be changed due to circumstances beyond control. Other activities may be planned during the year, but those listed below are annual events. If a required event is not attended, member will be put on probation and must attend the next required function or will be replaced by an alternate.

- |                          |                        |  |
|--------------------------|------------------------|--|
| <input type="checkbox"/> | July 11-16, 2011       | Fashion Board Educational Field Study –Dallas    |
| <input type="checkbox"/> | Week of July 26 , 2011 | Summer Board Meeting, TBA - Election of Officers |
| <input type="checkbox"/> | Jan. 6-7, 2012         | Winter Board Meeting, Camp Grant Walker          |
| <input type="checkbox"/> | Jan. 20-21-22, 2012    | Fashion Camp, Camp Grant Walker                  |
| <input type="checkbox"/> | June 10-11, 2012       | Fashion Revue Planning Day, LSU, BR              |
| <input type="checkbox"/> | June 21-22-23, 2012    | 4-H University Fashion Revue, LSU, BR            |

Direct questions about 4-H Fashion Board to Tanya Giroir @ [twalker@agcenter.lsu.edu](mailto:twalker@agcenter.lsu.edu).

## **4-H Food and Fitness Board Supplemental Sheet**

Additional information for those applying for the State Food and Fitness Board:

### **4-H Food & Fitness Board:**

4-H members will serve on the Food and Fitness Board promoting the Louisiana Healthy Living Program and serving as its advisory group. The State 4-H Healthy Living Mandate Coordinator and assigned 4-H agents will serve as advisors to the Food and Fitness Board.

### **Objectives:**

*Members will:*

1. Plan and promote healthy living-related programs that provide for life skill development related to food, nutrition, fitness, and overall health (including food prep, food safety, basic nutrition, healthy choices, physical activity, etc.). In addition, opportunities for the development of decision-making, communication, planning and organization, problem-solving, leadership and service will be promoted.
2. Gain skills necessary to make and teach healthy food choices in a variety of settings; mastery of skills which lead to a healthy lifestyle.
3. Gain knowledge about the sciences of food/nutrition, exercise/fitness, and understand the scientific methods used in research.
4. Explore careers in dietetics and nutrition, food science, fitness/kinesiology, and other health-related fields.

### **Membership, Tenure, and Selection:**

- Members will be required to attend 4-H U and participate in the interview process (*the interviews take place on Tuesday afternoon of 4-H "U" as scheduled.*), summer board meeting, fall board meeting, winter board meeting, and the 4-H Food and Fitness camp. To remain in good standing as a board member, attendance is required at these meetings and/or events.
- See application for additional criteria.

### **Members may be asked to:**

- Plan and conduct a training session at JLC (Junior Leadership Conference), 4-H U and other state/district 4-H events
- Implement a parish-level Food and Fitness Board, if possible
- Develop an educational program focusing on healthy lifestyles for Louisiana 4-H
- Plan and implement community service-learning projects as requested
- Participate in other 4-H events such as the Governor's Mansion dinner and the LSU football game.

### **Annual Agenda:**

Most of the Food and Fitness Board activities will be conducted during the Summer, Fall, and Winter board meetings, as well as by e-mail and/or telephone. **4-H'ers will need to be responsible, dependable, and dedicated to their role as Food and Fitness board members.** They must provide their own transportation and all or some funds for meetings and other scheduled events. The applicant should check their personal calendar before applying to be sure that he/she can attend all the required scheduled Food and Fitness Board functions.

|            |   |
|------------|---|
| 6/21/11    | Interviews at 4-HU  |
| 7/18-21/11 | Summer Board Meeting & Educational Trip, Baton Rouge area |
| 11/21/11   | Fall Board Meeting, Alexandria Area                       |
| 1/6-7/12   | Winter Board Meeting, Camp Grant Walker                   |
| 3/16-18/12 | F&F Camp, Camp Grant Walker                               |

### **Additional information for those applying for the State 4-H SET Board:**

Interviews are conducted via telephone in May. Two dates are provided for 4-H members and adult volunteers. Please **circle the date and time** slot you would prefer return with your application.

- Wednesday, May 11, 2011
  - 3:00p.m.-5:00p.m.
  - 5:00p.m.-7:00p.m.
- Tuesday, May 24th, 2011
  - 3:00p.m.-5:00p.m.
  - 5:00p.m.-7:00p.m.

Applicants will be notified by mail and email no later than June 1, 2011 of their acceptance status. All members will receive a new member packet that they are required to read. This packet will contain all membership information and paperwork. Members seeking position as an officer will need to submit an officer application (included in member packet) by June 15, 2011. President and Vice-President will be elected at the June 21, 2011 meeting. All other positions will be elected at the Summer Leadership Retreat and Board Meeting.

### **Members will be required to:**

- ✓ Submit acceptance of position, pay \$35 membership dues and membership paperwork no later than June 15, 2011.
- ✓ Attend business meeting at 4-H University, Tuesday, June 21, 2011, Time:TBA.
- ✓ Attend both summer (July 6-9, 2011, Woodsworth) and winter (January 6-7, 2012, Camp Grant Walker) State 4-H Youth Board meetings.
  - Applicants who cannot attend summer board meeting will not be considered.
- ✓ Attend, help plan, and conduct a Service-Learning project.
- ✓ Attend, help plan, and conduct the 4-H LOST Camp, 4-H Camp Grant Walker. (First week in August)
- ✓ Attend, help plan, and conduct the OMK SET Camp, Location TBA. (August 26-28, 2011)
  - Applications must be able to attend at least one of these camps (LOST and/or OMK).
- ✓ Serve as state liaison in the region and parish they represent.
- ✓ Plan, conduct and report on a parish SET related project no later than March 2012.
- ✓ Acquire certification as camp counselor prior to working with youth.
- ✓ Communicate regularly through email, Facebook and/or online website.
- ✓ Evaluate their experience as a State 4-H SET Board member.
- ✓ Provide their own transportation to board events.

### **Members may be asked to:**

- Meet in the spring, on a weekend or holiday, for brainstorming to work on a project, or creative or technical training.
- Organize and implement regional activities and/or provide leadership for area training, challenge camp, and other programs.

Most of the SET Board activities will be conducted during two meetings, as well as by e-mail and/or telephone. 4-H'ers will need to be responsible, dependable, and dedicated to their role as SET Board members. Applicants need to check their calendar before applying to be sure she/he can attend all of the scheduled functions. Dates may be changed due to circumstances beyond control. Other activities may be planned during the year, but those listed above are definite. If the summer board meeting is not attended, member will be replaced by an alternate. If a required event is not attended, member will be put on probation and must attend the next required function or will be replaced by an alternate.

Questions? Contact Katina Hester at [khester@agcenter.lsu.edu](mailto:khester@agcenter.lsu.edu) or Ashley Mullens at 225-578-2196.