

## Sewing Workshop Registration Form

Return this portion of the brochure and the **\$8.00** Registration Fee to the Lafayette Parish 4-H Office by **January 13, 2012**. **~Please make checks payable to: Lafayette 4-H Foundation**

Send to: Lafayette Parish 4-H Office  
1010 Lafayette St. Ste. 325  
Lafayette, LA 70501

\*\*\*Workshop participants will be selected on a first come first serve basis due to limited space.\*\*\* Only 15 spots available.

**Completed form and fee of \$8.00 must be submitted before Friday, January 13, 2012.**

Membership and participation is open to Lafayette Parish 4-Hers grades 4 to 6 that are interested in the sewing project for the 2011-2012 school year.

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

School \_\_\_\_\_

Grade \_\_\_\_\_

Age \_\_\_\_\_

4-Her's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_

## Sewing Workshop Guidelines



Being a participant of the Lafayette 4-H Sewing Workshop requires following a few guidelines. They are as follows:

All participants must have their own personal and portable sewing machine that works. It is your responsibility to bring your sewing machine with you. (Not a toy machine—must have straight and zig-zag stitch).

You are responsible to bring whatever materials you may need for the workshop. The list of materials needed is below.

Participants should bring Under Construction - Sewing Project Book.

Associates at Hancock & JoAnn's Fabric can assist you with the proper fabric choice & supplies.



### Materials Needed for Workshop:

- \*Real, Working Sewing Machine
- \*Fabric Scissors/Shears
- \*Pin Cushion & Straight Pins w/Large heads (Ball Heads)
- \*Sewing Machine Needles, (Universal Needles)
- \*Thread (White all-purpose thread)
- \*Seam Ripper
- \*Tape Measure or Seam Gauge
- \*Hand Sewing Needles
- \* Extra Empty Bobbins
- \* Seam Ripper

### Materials Needed for Fleece Scarf:

- \*1/2 yard of FLEECE

### Materials Needed for Apron:

- \*2 yards of ribbon or cording to match or coordinate with fabric
- \*1 1/2 yards of fabric of choice (additional yardage for larger sizes) Fabric needs to be WOVEN, not stretch material!
- \*Matching Thread

*Any adult interested in volunteering with 4-H contests/activities – give the 4-H Office a call and we will add your name on file to assist us with future 4-H events.*

## Lafayette Parish

### Sewing Workshop



January 28, 2012



Lafayette Parish 4-H Office  
1010 Lafayette St. Ste. 325  
Lafayette, LA 70501  
337-291-7090  
Angie Arnould, 4-H Agent

Lafayette Parish  
4-H  
Sewing Workshop



The Sewing Workshop is open to all Lafayette Parish 4-Hers grades 4 to 6 interested in the sewing project for 2011/2012 school year.

Objective:  
Increase knowledge, skills, and competencies and improve the attitudes of Lafayette Parish youth in sewing and fashion.

**MUST DO's BEFORE the DATE of the SEWING WORKSHOP:**

- 4-Her's must practice threading their sewing machine at home prior to the date of the sewing workshop.
- 4-Her's must bring a REAL, WORKING, PORTABLE SEWING MACHINE. Bring manual if you have it.
- 4-Her's must be ready to learn and have FUN!
- Please bring machine to be serviced if you are not sure if it is working properly. (Allbrands does minor service work in less than a week 981-2808)

**4-H SEWING WORKSHOP**

**SATURDAY, JANUARY 28, 2012**

**9:30 A.M. - 4:00 P.M.**

\*\*The workshop will be held in the Lafayette Parish 4-H Office, located on 3rd floor of government building across the street from Parish Court House.\*\*

Address: 1010 Lafayette St. Ste. 325  
Lafayette, LA 70501  
337-291-7090

**\*\* LUNCH WILL BE PROVIDED \*\***



Items to be covered at Workshop:

- Easy Pincushion
- Sewing Machine 101 (Basics)
- Threading your Machine
- Sewing Scraps
- Studying a Pattern
- No Sew Fleece Scarf
- Sew an Apron

To participate in this workshop, complete the registration form on the back of the brochure and return it along with registration fee to the Lafayette Parish 4-H Office before

**Friday, January 13, 2012**

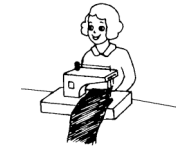
**Workshop fee is \$8.00**

**Make check payable to:**

**Lafayette 4-H Foundation**



**LAFAYETTE PARISH  
FASHION STATEMENT**



The sewing and fabric market is steadily declining as more women go to work outside the home, and home sewing declines. Less and less youth are learning how to sew. This workshop is designed to educate youth on the basics of sewing and how to exhibit fashion modestly. We hope that all youth who participate can express themselves artistically through fashion.



4-H is a **community**  
of **young**  
**people**  
across **America**  
who are learning  
**leadership,**  
citizenship and  
**life skills.**



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