

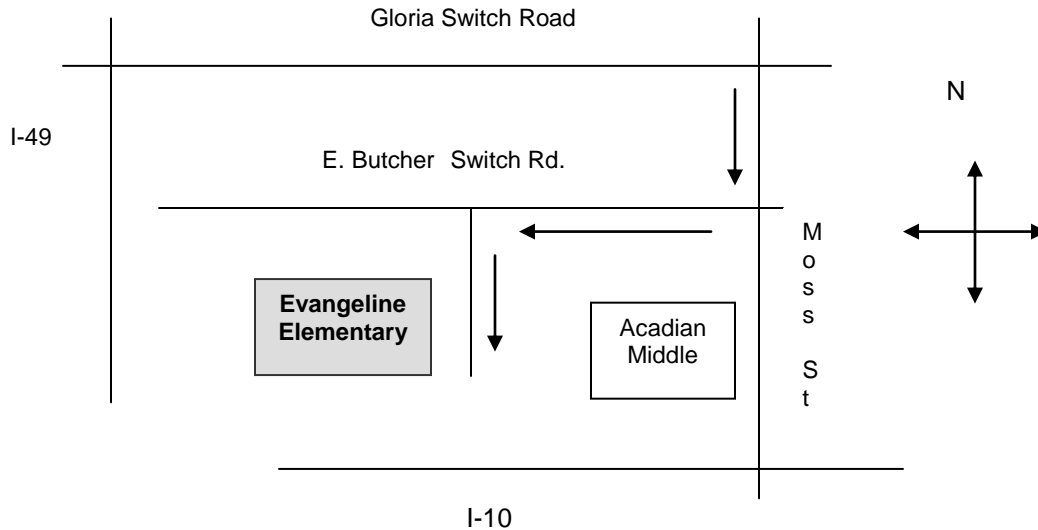


4-H FALL FEST
Evangeline Elementary
NOVEMBER 5, 2011

Lafayette Parish
 1010 Lafayette St., Ste 325
 Lafayette, Louisiana 70501
 (337) 291-7090
 Fax: (337)291-7099

4-H Fall Fest is the 1st big 4-H contest day of the school year. It will be held at Evangeline Elementary School and will include a variety of 4-H contests. See map below for directions. Contests and starting times are listed below. Read specific rules to find out what time to report for each contest.

Parents, you may bring lawn chairs to set out on the grounds while the contests are taking place. Fall Fest is well attended and we hope you will enjoy this family oriented event.



ARRIVING TIME	CONTEST	STARTING TIME
8:00 AM	BICYCLE RODEO	8:30 AM
8:00 AM	FOOD AMBASSADOR CONTESTS	8:30 AM
8:00 AM	FOODS EXHIBIT CONTESTS	8:30 AM
8:30 AM	RABBIT SHOW	9:00 AM
9:00 AM	DOG SHOW	9:30 AM
9:30 AM	4-H CENTENNIAL POSTER JUDGING	10:00 AM
10:00 AM	PET SHOW	10:30 AM
10:00 AM	COMPACT TRACTOR DRIVING (pre-registration required)	10:30 AM

“Furr-H: Helping Our Furry Friends” Pet Food Drive at 4-H Fall Fest

Join the Revolution of Responsibility by donating items to benefit the Lafayette Parish Animal Control. At Fall Fest, we’re accepting donations of PURINA Brand dog food, cat food, birdseed, rabbit food, and horse feed. Animal Control will have a truck on site to collect items at Fall Fest.

GENERAL RULES AND REGULATIONS

- 1) All contests are open to all 4-H members in Lafayette Parish, except Compact Tractor Driving, which is open only to 4-H’ers in grades 9 - 12. 4-H’ers will be allowed to enter any/all contests as time permits.
- 2) For Ambassador contests, contestants compete as an individual.
- 3) Study materials for conducting ambassador contests are available for those contests. Contact the 4-H office for more information. A 4-H’er may enter in more than one contest, provided that the illustrated talk is appropriate for that contest.
- 4) For the Poster Contest, Bicycle Rodeo and Best Dressed Pet Contest, 4-H’ers will be divided into three divisions for competition. Elementary (4-6 grades), Junior (7-8 grades) and Senior (9-12 grades).
- 5) Rabbit Show, Dog Show, and Pet Show animals will be assigned to specific classes and all 4-H’ers will compete against one another within these classes. All animals must be restrained (leash, cage, aquarium, etc.)

- 6) ALL CATS AND DOGS ENTERING THE PET SHOW, DOG SHOW OR BEST DRESSED PET SHOW MUST HAVE PROOF OF RABIES VACCINATION. NO ANIMAL WILL BE PERMITTED WITHOUT PROOF OF VACCINATION. ONLY DOMESTICATED, HOUSEHOLD ANIMALS ARE ALLOWED IN THE PET SHOW (NO FARM ANIMALS AND NO CAPTIVE WILD ANIMALS).

If a pet bites your child, yourself, another person, or another pet – and you seek medical attention at either a doctor's office or a hospital – The medical provider must report the bite to Lafayette Parish Animal Control. Consequently, Animal Control has the obligation to impound and quarantine the animal for up to 10 days for Rabies observation, regardless of whether the animal is current on its Rabies vaccination (Lafayette Parish Ordinance).

- 7) Winners of the rabbit show, pet show, and dog show will be awarded all ribbons during these contests. The top five winners of the cookery contest, poster contest, bicycle rodeo, compact tractor will be awarded ribbons for 1st – 5th place at Fall Fest. All other 4-H'ers awarded ribbons (blue, red, white) will be given their ribbons at 4-H club meetings. Driving contests may be canceled if pre-registration indicates low participation.

SPECIFIC RULES AND REGULATIONS

4-H Citizenship Poster Contest – The theme for the poster contest this year is Citizenship, which is one of the 3 National 4-H Mission Mandates. The poster should depict how 4-H helps to develop successful young leaders who grow into responsible, passionate, well-informed citizens who are involved in making positive change in their communities.

Poster must be a full size poster board of any color (no foam board, science fair boards, or ½ size posters); must not have anything attached or glued to the poster which is over ½ inch in height; no glitter.

4-H'ers will be divided into 3 divisions for competition. Elementary (4-6 grades), Junior (7-8 grades) and Senior (9-12 grades).

An Overall Champion Poster will be selected which encompasses a general Citizenship theme and promotes 4-H as well. This winner will be asked to use the theme from this poster to set up the stage display at 4-H Achievement Day this Spring. The winner may recruit family and fellow club members to assist with the stage set-up.

I Bicycle Rodeo

- 1) The contest will start at 8:30 a.m. with registration beginning at 8:00 a.m. Contestants will ride in the order that they register.
- 2) Contestants will be given extra points for wearing safety helmets. Contestants are asked to furnish their own bicycles. If this is not possible, an attempt will be made to borrow a bicycle for you.
- 3) Only 4-H members are allowed to ride bicycles and only in designated areas.
- 4) The competition will consist of 4-H'ers riding through the 4-H bicycle obstacle course.
- 5) The obstacle course will consist of 6 obstacles. For a copy of the obstacle course, see your leader or contact the 4-H office.

II. Commodity Ambassador Program

Egg, Chicken, Turkey and Seafood Contests (Individual).

- 1) Competition will be divided into three divisions; Division I (4,5,6 graders); Division II (7,8,9 graders); and Division III (10,11,12 graders).
- 2) The winner in each division will represent Lafayette Parish in the State Contest in the Spring.
- 3) Each Commodity (egg, chicken, turkey and seafood) Ambassador Program consists of five categories.
 - 1) Production of commodity
 - 2) Food preparation and nutritive value
 - 3) Food safety practices
 - 4) Processing
 - 5) Marketing

4) **Division I** – (Grades 4-6) Contestant designs (a) standard poster 22" X 28" relating to one of five categories listed above; (b) presents a 2-3 minute explanation of poster subject.

Division II – (Grades 7-9) Contestant designs (a) standard poster 22" X 28" relating to one of the five categories listed above; (b) members prepares an essay not to exceed 500 words or 3 typed pages, (12-14 spaces per inch) double spaced, about the selected subject; (c) presents at 2-3 minutes explanation of subject.

Division III – (Grades 10-12) Contestant will present a 5-8 minute illustrated talk. Examples include: Nutritional Value, Economic Value, Cooking Principles, Versatility, Food Safety, Role in Today's Healthy Diet, Commodity's Place in Agriculture, Role in our National Economy, Role in Protecting the Environment.

- (a) **Chicken Ambassador Illustrated Talk**
 - (1) Present an illustrated talk on chicken. No cooking allowed.
 - (2) Only posters are allowed. Costumes based on the theme are acceptable.
 - (3) The talk should be 5-8 minutes in length.
- (b) **Turkey Illustrated Talk**
 - (1) Present an illustrated talk on turkey. No cooking allowed.
 - (2) Only posters are allowed. Costumes based on the theme are acceptable.
 - (3) Presentation should be 5-8 minutes in length.
- (c) **Egg Ambassador Illustrated Talk**
 - (1) Present an illustrated talk on eggs.
 - (2) Only posters are allowed. Costumes based on the theme are acceptable.
 - (3) A dish is required for this division. The dish may be an appetizer salad, main dish, dessert, following the same requirement as the dish for the commodity cookery.
 - (4) The presentation should be 3-5 minutes in length.
- (d) **Seafood Ambassador Illustrated Talk**
 - (1) Present an illustrated talk on seafood.
 - (2) The talk should be 5-8 minutes in length.
- (e) **Rice Ambassador Illustrated Talk**
 - (1) Present an illustrated talk on seafood.
 - (2) The talk should be 5-8 minutes in length.

III **Foods Exhibit Contests (Cookery Contests)**

This year: a registration form must be completed prior to your arrival at the contest. These forms can be found on our parish website at <http://la4h.org/lafayette>. From the parish website, click on contest rules and forms. Please have this form filled out with all necessary information. NEW RULE: PLEASE DO NOT PUT YOUR NAME ON THE RECIPE! This is what your registration form is for. We will assign you a number for your dish at check-in.

Attention: All dishes entered MUST be thoroughly COOKED AND CHILLED when brought for judging. Failure to meet this standard will result in this dish be disqualified.

All dishes must be transported on ice in an ice chest and accompanied with a recipe (recipes should not have 4-H'ers name on it.) You must present your dish in an ice chest to contest officials for food safety inspection. Your dish will be disqualified if it is not completely cold and packed on ice in an insulated ice chest at the time of inspections. NO EXCEPTIONS! After the dish is inspected, 4-H'ers only (no parents) will be allowed into the cafeteria to register their dish at the designated table. Next, you (the 4-H'er) will bring your dish to your designated table to set up.

As you set up your dish, please make any last minute preparations to your dish as quickly as possible so that the judges may begin on time. No PARENTS or FRIENDS will be permitted past the inspection point or into the Cafeteria. A contest representative can help carry an ice chest if it's too heavy. NOTE: Use normal-sized serving dishes. Do not exceed 18 inches. This is to be sure there is enough space for everyone. Serving utensils will not be allowed. These will be provided to the judges by the agents.

Microwaves will be available for judges to heat samples before tasting dishes.

All exhibits will be disposed of for food safety reasons. No exhibits will be returned, so please use disposable plates for exhibits. For this reason, the entire dish will not be required for the contest. *A sample of 4-6 servings is requested for judging, except for sugar cookery dished only, in which you may opt to bring the entire dish is decoration is emphasized.

1) **Rice Cookery Contest**

- (a) Contestants must bring 4-6 servings of a prepared **rice** dish, containing at least 1 cup of cooked rice.
 - *wild rice is not a cultivated rice in Louisiana and does not meet the requirement of 1 cup rice for this contest. Dishes containing rice products such as rice cereal, rice flour, etc. must also contain cooked rice.
- (b) Attach a copy of the recipe for the entire dish. The recipe must contain the name of the dish, how much rice it contains and clear preparation instructions.
- (c) The entry must be in one of the following categories:
 - (1) Rice Main Dish
 - (2) Rice Side Dish
 - (3) Rice Dessert
- (d) Winners in each category will represent Lafayette Parish in the area contest.

2) **Seafood Cookery Contest**

- (a) Contestant must bring 4-6 servings of a prepared **seafood** dish. The servings must be chilled to refrigerator temperature following preparation in order to prevent food poisoning.
- (b) The dish must use at least one cup of seafood. The seafood must be fresh, frozen, pasteurized or dried
Canned seafood will not be acceptable.
- (c) Surimi, an artificial crab made from fish, cannot be used.
- (d) There can be no raw seafood in the final dish.
- (e) Attach a copy of the recipe to the dish.
- (f) The contest will be divided into five categories:
 - (1) Oyster
 - (2) Crab
 - (3) Shrimp
 - (4) Fish and other seafood (must be species from Louisiana)
 - (5) Crawfish
- (h) Winners in each category will represent Lafayette Parish in the area contest.

3) **Beef Ambassador Contest**

- (a) Contestant must bring 4-6 servings of a prepared **ground beef** dish.
- (b) A minimum of 1 pound of ground beef must be used. Entire dish must be exhibited at contest.
- (c) Attach a copy of the recipe to dish. The recipe must include the required information in #5.
- (d) Label the entry with your name, school and division.
- (e) The entry must be in one of the following categories:
 - (1) Low-Calorie Main Dish - a dish which provides less than 300 calories per serving. Number of calories are to be stated on recipe. Use calories and weight, the USDA Pocket Guide.
 - (2) Quick & Easy Main Dish - a dish that is ready to serve in less than one hour. The time for each step and for cooking or baking must be stated on recipe.
 - (3) One-Dish Meal - a dish that provides foods from at least three of the five main food groups from "My Plate". Foods and food groups must be stated on recipe.
- (f) Winners in each category will represent Lafayette Parish in the area contest.

(4) **Sugar Cookery Contest**

- (a) Bring to the contest a prepared dish. This recipe must contain at least (1) cup of sugar.
- (b) There can be NO raw eggs in the final product.
- (c) Attach a copy of the recipe to the dish.
- (d) The entry must be in one of the following divisions:
 - (1) Baked Items – Breads, Cakes, Pies, Cookies and Brownies.
 - (2) Other Desserts - Candies, Icebox Pies, and Ice Cream, etc. No part of the dessert can be baked. This category does not include jam, jellies and preserves.
- (e) Winners in each category will represent Lafayette Parish in the area contest.

VI **Rabbit Show**

- 1) Will begin at 9:00 AM. Contestants should arrive by 8:30 AM.
- 2) Exhibitors should already have enrolled in the Rabbit Project and received a rabbit entry form to enter their rabbit(s) in the show. Rabbits must be pre-registered (See Rule 7).
- 3) Exhibitors must have had their rabbits by October 5, 2011.
- 4) Rabbits do not have to be registered, but each rabbit brought to the show must have an ear tattoo or ear mark (marks-a-lot) for identification. (left ear).
- 5) Rabbits will be classed according to breed, sex, and age (under and over 6 months) with exhibitors allowed to show no more than one rabbit per class.
- 6) Breed classes will be determined based on the number of entries. Any pure breed with 3 or more rabbits will make its own class. If you are unsure about the breed of your rabbit, contact the 4-H office.
- 7) Completed forms must be turned in to the 4-H office by October 5th. They may be found on our parish office website at www.lsuagcenter.com.
- 8) Rabbits showing any symptoms of disease may be excluded from exhibition, and asked to be removed from show area. **CAPTIVE WILD RABBITS ARE NOT ALLOWED.**
- 9) All rabbits not properly entered as explained above will be assigned into a "late entry" class and will not have a chance to compete for championship honors.
- 10) 4-H members should be at Fall Fest to show their own rabbits. Another 4-H'er can place the rabbit on the judging table if that exhibitor is participating in another 4-H contest.

VII **Compact Tractor Driving**

- 1) Will begin at 10:30 AM. Participants must **PRE-REGISTER** for this contest by **November 1st!** Contact Mr. Charles at the 4-H office in order to pre-register at 291-7090.
- 2) Contestants must be in grades 9 - 12.
- 3) Contestants will drive through a pre-set obstacle course on a riding lawn mower.

- 4) Contestants will take a written test consisting of 25 questions (multiple choice, true/false, & fill in the blank) pertaining to small engine operation, care, maintenance and "Learn to Earn" topics.

VIII Dog Show

- 1) Will begin at 9:30 AM. Contestants should arrive and register with their dogs by 9:00.
- 2) **ALL DOGS MUST HAVE PROOF OF CURRENT RABIES VACCINATION. NO DOG WILL BE PERMITTED ON THE CONTEST GROUNDS WITHOUT PROOF OF VACCINATION.**
- 3) **ALL DOGS MUST BE ON A LEASH.**
- 4) All dogs will be judged on cleanliness, confirmation, grooming, ability to be led on a leash, and response to basic commands.
- 5) Dog will be classed according to age and size with exhibitors allowed to show no more than one dog per class.
- 6) The classes will be Large Breed, Medium Breed, and Small Breed Adult Dogs (one year of age or older) and Large Breed, Medium Breed, and Small Breed Puppies (less than one year of age).

IX Pet Show

- 1) Will begin at 10:30 AM. Contestants should arrive and register with their pets by 10:00.
- 2) The Pet Show will be open to all household pets except rabbits and dogs, since they each have their own show. However, rabbits and dogs will be allowed to enter the best dressed pet class. **FARM ANIMALS AND CAPTIVE WILD ANIMALS ARE NOT ALLOWED AT FALL FEST.**
- 3) Classes will be divided as follows:
 - (a) Cats - divided into Long Haired and Short Haired Adult Cats (one year and over) and Long Haired and Short Haired Kittens (less than one year). **ALL CATS MUST HAVE PROOF OF CURRENT RABIES VACCINATION. NO CAT WILL BE ALLOWED ON THE CONTEST GROUNDS WITHOUT PROOF OF VACCINATION. ***ALL CATS MUST BE ON A LEASH!**
 - (b) Birds - will include all feathered animals.
 - (c) Marine - will include fish, shell fish, reptiles, and amphibians.
 - (d) Miscellaneous - any pet not fitting into one of the previous categories.
 - (e) Best Dressed Pet - all species of pets can compete with the dressing to be done in the show ring by the exhibitor with a 10 minute time limit. This category will be divided into three age groups, Elem. Division (4-6), Junior Division (7-8) and Senior Division (9-12).
- 4) Cats will be judged on grooming, cleanliness, and confirmation. The criteria for judging the Best Dressed Pet will be based on final appearance and creativity. The criteria for judging all other classes will be based on the variety of exhibitors within each class.