

Your Security Blanket

A monthly newsletter for parents of newborns

Eleventh Month

The Eleventh Month

Your baby is really imitating you and others now. In fact, it is one of the best ways she learns.

A Message from Baby






That last sentence is correct! I am really imitating you. This will help me learn to speak, dress myself and do many other activities. Some people say

I will mimic your voice tone, even if I can't talk yet. And speaking of talking, I understand what is said and am putting simple words together. Encourage me to speak, and don't use babytalk.

I want attention and want toys that are mine. I have an idea for helping me to develop. Roll a ball on the floor for me to go after. Let me help ...bring things to you, turn pages, hold cans and boxes. Give me a place to make marks with crayons.

Baby's Temperament

Your baby is able to express many emotions now and is able to determine the moods and emotions of others. He begins to think of himself as a person and he knows he has possessions. That's one of the reasons he needs his own toys. One possible emotion that is not so appealing is a temper and saying "no." Most don't start quite yet, and few have temper tantrums. If your baby does, this might help:

-  Ignore the behavior as much as possible.
-  Be calm. Don't argue or correct him. Don't give in either.
-  Don't let tantrums in public places embarrass you. This may be hard, but children learn quickly, if you give in, that public places are good places to get attention.

Parenting Mistakes

Many parents wonder if words they use will forever damage their child. Children are affected more by our emotions as parents than by our words. If you are able to relax, show love and enjoy being a parent, your child will grow up as a secure person.

Baby's Food

Baby is so active now, he may want a toy at mealtime. He is really learning to feed himself and drink from a cup. Give him finger foods, but also let him try to eat from a spoon. Serve him healthful meals and snacks. He should be eating a wide variety of healthful meals and snacks.






Baby's Health

Is your child up to date with his immunization shots? He should have gotten birth, two-, four- and six-month shots. If he isn't up to date, do this right away. If your baby has been walking from four to six weeks, let a doctor examine his feet and legs. Many conditions can be corrected BEFORE they become problems. It is best to check.

Safety Tips

Bumps, burns and bruises do happen. They can be scary if you don't know what to do. Keep a list tacked to the wall about what to do for simple problems. Here are suggestions for two problems:

-  Minor burn - dip in cold water right away. Do not apply butter or greasy medicines.
-  Poison - call a doctor immediately. Keep container of poison so doctor can see it.
-  Whatever the problem, stay calm. If you are upset, you won't think as clearly and you will frighten the child.

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Toy Checklist


As your baby nears his first birthday, you and others might be looking at toys for him. Toys are a child's tools for learning, so you want to make or buy safe, durable, creative and educational toys. Good toys are:




 Safe. There should be no sharp edges, tiny parts or paint with lead.

 Attractive in shape and color. Your child will like bright colors and interesting shapes.

 Durable. They are sturdy, will not break easily and are washable.

 An aid to creativity. They teach him to use his imagination and can be used in many ways.

 Educational. This does not mean they teach him to read and write. It means they let him use his senses.



Notes About Your Baby:



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Visit our website: www.lsuagcenter.com

Other Cooperative Extension Service publications from the Louisiana's Future: Families and Children program that you might find helpful with your baby are:

Every Touch Counts (Leaflets to Help a New Mother), Pub. 2520

How to Protect Kids From Lead Poisoning, Pub. 2556.

Call your parish office for a free copy and for other suggestions.

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